



S M Å S N A K K
S O N S O F N O R W A Y
JACKSONVILLE, FLORIDA

Volume 42 Issue 6

June, July, August 2016

Welcome

11TH ANNUAL NEW MEMBER BRUNCH AND WELCOME CEREMONY
JUNE 18 FROM 10:00 a.m. - NOON
atten juni fra ti - klokken tolv

One of the most popular lodge events is the annual new member brunch and welcome ceremony set Saturday, June 18 from 10 a.m. to noon, Fellowship Hall, Shepherd of the Woods.

We all know that keeping a thriving and active membership sustains both our lodge and Sons of Norway. As members we are always pleased to say, "Thanks, we are glad you joined." So all members plan to attend this festive Saturday morning brunch when we roll out the red carpet to celebrate and welcome our new members who have joined SON or have transferred their membership to our lodge since July 1, 2015.

The price is right: complimentary, but bring bucks for the raffle.

Breakfast will include assorted egg bakes, Danish pastries and muffins, fruit, yogurt, juices, hot and robust coffee, fellowship and camaraderie.



President Evelyn will give a report from the District 3 Convention and we may have a surprise guest.

Please R.S.V.P. to Kent M. Larson at 260-4064 by Friday noon, June 17.

Shepherd of the Woods Lutheran Church, 7860 Southside Boulevard, is located on the parallel service road between JT Butler and Old Baymeadows Road. For entry use the service road off Baymeadows on Southside Boulevard or by the Skinner Parkway traffic light. A large white cross is near the driveway. Park and enter behind the building.



**PRESIDENT'S MESSAGE
BESKJED FRA PRESIDENTEN**

Greetings Fellow Members and Friends,

Our 17th of May Picnic Celebration at Shepherd of the Woods Lakeside was great. We had such a beautiful sunshiny day for rowing and sailing Hagar, plus the good food and company made it a perfect day. We even danced and sang around the Maypole. Thank you to Eugene Yerkes for bringing Hagar and all the wonderful help we had in setting up, serving, cooking and cleaning up before we went home.

On June 4th we had our afternoon of baking cookies for the District 3 Convention's coffee and cookie breaks on the 8th thru the 12th of June. It sure smelled good in the kitchen at Shepherd of the Woods. Eugene was the official fryer for the fattigmann cookies and also the taster. Gail Yerkes, Jan Larson, Ida Iverson, Laura Sage, Marci and Kent Larson, Suzy and Delores Fosaaen baked and shared their recipes. Thank you all for baking and making it such a fun time. Thank you to Cheryl Drabek for organizing and baking cookies at your home.

Don't forget to come on June 18th, Saturday, to our New Member Brunch to welcome our new members. It's a great time to meet the new members and to socialize with each other. It is always a fun time and a lot of good food. It starts at 10:00 a.m. to noon.

As always, we will not be having our meetings for July and August, so put that on your calendar. When we come back in September, we will have our delicious Salmon and Meatball dinner hosted by Pastor Ida and Marty Iverson. We thank you both so much for doing this for our lodge. We are going to have a special program that will be announced in the next Små Snakk for the evening.

As you read this Kent, Marty and I will be at the District 3 Convention in Myrtle Beach, SC. When we return we will give a report on the meetings at our New Member Brunch on the 18th of June. We want to thank the Lodge for sending us on your behalf as your delegates. We are so proud to be a part of Gateway to Florida Lodge 541. Marci Larson will be there as International Director for District 3. We are honored to have her as part of our lodge.

Have a great summer and we look forward to seeing you at the June 18th New Member Brunch.

Fraternaly yours,

Evelyn Hopkins
President

COOKIE BAKE-A-THON



Ida Larson made fattigmann cookies with the assistance of Eugene Yerkes and Laura Sage.



Swedish butter bars in the making by Marci Larson



Cookie bakers: sitting-Dolores Fosaaen, standing-Eugene Yerkes, Jan Larson, Laura Sage, Ida Iverson, Evelyn Hopkins, Gail Yerkes, Marci Larson, Suzy Fosaaen. Kent Larson (not pictured)

VIKING BOAT SAILING PRACTICE AND PARTY

On Saturday, June 25 we will get both Hagar and Tapper Viking boats and have a rowing and sailing practice.

Meet at 4:00 p.m. at Hooters Restaurant , 8938 San Jose Boulevard. It's on Goodby's Creek at the west end of Baymeadows Road on San Jose Boulevard.

This will be the first test of the new sail for Tapper Viking. We will see if that will be enough to beat Hagar. Following this practice we'll have Hagar beer and wings at Hooters. If the weather prevents us from having the rowing practice, we'll still have the party (beer and wings).

Eugene Yerkes
Sports Director



IN THE FOOTSTEPS OF MARTIN LUTHER AND THE REFORMATION TOUR

In September Pastor Ida Iverson will be leading a reformation tour to Germany through Educational Opportunities Tours out of Lakeland, FL. It is called: "In the Footsteps of Martin Luther & the Reformation. The date of the tour is September 15th and it is a 9 day tour. Price from New York is \$3,198 and includes round trip airfare, basic tour and guided sightseeing, daily buffet breakfast and dinner, ground transportation and hotels. They will also make arrangements for travel from Jacksonville to New York with additional fees.

If you are interested contact Pastor Ida Iverson at 904-210-9071 cell, 904-726-0626 home, prieiverson@gmail.com or go to www.EO.TRAVEL for further details. If anyone want to sign-up, under host: Pr. Ida Iverson ID#56726.

Pastor Ida Iverson

VELKOMMEN MEDLEMMERS REINSTATED NEW MEMBERS

Tamara Mayer and Joy Hauge

FROZEN EVER AFTER ATTRACTION TAKES DESIGN CUES FROM NORWAY

In June, Disney World officially opened Frozen Ever After, an addition to the Norway Pavilion at the World Showcase in Epcot. Set amongst the pavilion's replica stave church, Restaurant Akershus and the Kringla Bakeri Og Kafe, the Frozen Ever After attraction is inspired by hugely successful 2013 animated film, "Frozen." The attraction, as well as the original film, include several Norwegian and Scandinavian references and design elements.

"Our imagineers have traveled to Norway and recreated many of the buildings and facilities and facades modeled after famous buildings and some summer cabins that they found in Norway," said Melissa Valiquette, Vice President of Epcot at Disney. One such cabin is the Detlistua, a charming two-story cottage constructed in 1817 by Ole Halvorsen in Oppdal, which was later rebuilt in 1924 as part of Trondheim's Sverresborg Open Air Museum of Cultural History. Disney designers were inspired by its iconic and beautiful architecture and replicated the cottage's design to create the Royal Sommerhus, a meet and greet location for park attendees to meet film characters, Anna and Elsa.

In addition to the Royal Sommerhus, Disney also debuted the Frozen Ever After theme ride, which replaced Maelstrom, a boat ride which opened in the park in 1988. The new ride takes visitors through many of the iconic scenes of 'Frozen' as they pass along in a boat. In a nod to the history of the pavilion, runestones from the original Maelstrom ride are placed near the Royal Sommerhus.



**3rd District Convention
Myrtle Beach, S.C.
June 8 - 12**

DISTRICT 3 MAY NEWSLETTER

Read the D3 June, July, August newsletter online at 3DSofN.org for the President's & Vice President's messages, Recruitment Challenge, Charitable Trust, Community Connections, State of L.O.V., Cultural Report on knitting with a pattern for a headband, Norwegian Whooper Swan, a book article about Karin Altvegen, Recipes for Prinsefisk & Strawberry Snow, Youth Director's Report, Sport Director's Report, 3rd District Robert Morton Golf Invitational information, 3D Int'l Director's Report, Zones 1, 3, 4, 5, 7 Reports, Lodge Anniversaries, photographs , and much more!

SYTTENDE MAI PICNIC AT SOTW LAKESHORE



Picnickers danced and sang around the decorative May Pole

Photo by Eugene Yerkes

**SAVE THE DATE FOR THE 2016
LEIF ERIKSON REGATTA!**

HOSTED BY THE GATEWAY TO FLORIDA LODGE

OCTOBER 8 2016

ST. AUGUSTINE, FLORIDA

More details forthcoming



SUNSHINE NEWS

Larry Nelson and Tod Knudson are recovering from injuries and are well on the road to recovery. Wish them well in their recovery.

June birthday cards have gone out. Happy Birthday to all the June babies!

Please let Anna Rita or Cheryl know of any milestone birthdays or anniversaries or who deserves congratulations so our lodge can send out a card. Also if you know of a member having health issues, let us know so we might try to cheer them up a little.



To report sunshine news please contact Cheryl Drabek at ceejay611@yahoo.com, 904-860-3174 or Anna Rita Perkins at annarita@bellsouth.net, 904-396-7692.

Sunshine Coordinators, Anna Rita Perkins and Cheryl Drabek

ST. OLAV'S DAY

Celebrated across Norway on July 29, Saint Olav's Day is an official Flag Day and Norwegian feast day commemorating the accomplishments, contributions and memory of Olav II Haraldsson, otherwise known as the Patron Saint of Norway, Norway's Eternal King or Saint Olav.

Olav was the first king to hold effective control over all of Norway, and was also responsible for establishing and spreading Christianity in Norway. After spending time as a Viking warrior in the Baltic region during his teenage years, and later discovering Christianity during his time in England, Olav returned home to Norway in 1015 where he fought for control of a country ruled by petty kings. At just 22 years old, Olav was accepted as the first king to reign over the entire nation Norway.

Upon receiving military pressure from the king of Denmark and resistance from some citizens because of his enforcement of Christianity, Olav was forced to flee the country in 1028. After two years of hiding in Russia, Olav returned to Norway to reclaim his throne. It was at the Battle of Stiklestad near Trondheim in 1030 where he was ultimately killed. The Icelandic tales from historian Snorre Sturlasson speak of miracles that occurred during the battle as well as at the king's grave in Trondheim. In the year following his death, Olav was declared both a martyr and a saint.

Each year in celebration of Olav, the Saint Olav's Festival or Olavsfestdagene is held in Trondheim. Taking place from July 28 – August 6, festival activities include concerts, lectures, pilgrimage and free events along with celebrations and services at the famous pilgrimage destination Nidaros Cathedral.

As an additional way to celebrate St. Olav's Day this year, take a walk along the pilgrimage routes known as St. Olav Ways. Whether you're able to start the actual pilgrimage to the Nidaros Cathedral in Trondheim, or want to make the journey at home by independently tracking your walking mileage through the Sons of Norway Virtual Pilgrimage and Sports Medals program, beginning the pilgrimage route can be a great way to celebrate Saint Olav this July.

2016-2017 SON GATEWAY TO FLORIDA OFFICERS

President	Evelyn Hopkins
Vice President	Marty and Ida Iverson
Counselor	Kent Larson
Secretary	Chelsea Knudson
Assistant Secretary	Kristen Allen
Membership Secretary	Bonnie Hardman
Treasurer	Franklin Morrison III
Social Director	Larry Nelson Coordinator
Asst. Social Directors	Laurette Sage, Knute Fosaaen, Jr.
Cultural Director	Cheryl Drabek
Assistant Cultural Directors	Sharon White & Ann Crisp
Sports Director	Eugene Yerkes
Asst. Sports Directors	Eric Nord & Rich Brew
Youth Director	Charlotte Fluker & Rita Tweed
Adopt A School	Charlotte Fluker & Rita Tweed
Trustee 1	David Fluker
Trustee 2	Pete Hopkins
Trustee 3	Stewart Svendsen
Communication Director	Marci Larson
Foundation Coordinator	Marty Iverson
Marshall 1	Stewart Svendsen
Marshall 2	Michael Mele
Marshall 3	Martin Rasmussen
Greeters	Judy Silvey & Johanna Davidson
Editor	Gail Yerkes
Historian	Sharon White
Sunshine	Cheryl Drabek & Anna Rita Perkins
Tubfrim	Launi Evenson
Insurance Representative	
Librarian	Carol Scott
Volunteer Coordinator	Ruth Morrison

Lodge Calendar (Subject to Change)

June 8-12	District Convention in Myrtle Beach
Tues. June 21	Board Meeting
Sat., June 18	New Member Welcome & Brunch at SOTW from 9:30-noon
Sat., June 25	Viking Boat Sailing Practice & Party
July	No Lodge Meeting
August	No Lodge Meeting
Mon., August 22	September Newsletter Deadline
August 24-28	International Convention in Tacoma, WA
Tues., Sept. 6	Board Meeting
Fri., September 9	Salmon & Meatball Dinner at SOTW
Sept 17-19	District 3 Golf Invitational
Sat., October 8	Viking Boat Regatta
Tues., Nov 15	Board Meeting
Fri., November 18	Thanksgiving Dinner at SOTW & Veteran's Remembrance
Sun., December 4	Scandinavian JuleFest at the Allen Home



CELEBRATING MIDSUMMER

Is your family ready for Midsummer? The June 23rd holiday is a prime opportunity to bring a little Norwegian culture to the middle of summer. What started as a pagan celebration to wake up the ground after winter has now grown into a full celebration complete with its own traditions. Here are a few of our favorite Midsummer customs that you can easily bring into your household!

At its heart, Midsummer celebrations are about connecting with the outdoors. In the past, girls would pick wild flowers and put them under their pillows at night in hopes of future good luck. Your family can easily adapt this tradition to today by taking a hike outside to enjoy a break from the normal hustle and bustle of modern life.

In another Norwegian tradition, many homes are decorated with flowers and plants gathered from the day's hike. Decorating your own home with plants gathered with your own family is a fun way to get the whole family involved in a popular Norwegian custom – just be careful about which plants you're gathering!

A good Midsummer celebration has to include a bonfire. In pre-Christian times, bonfires were thought to awaken the Earth after its winter slumber. Today they're a great way to bring the family together and bridge the gap between Norwegian and American customs.



Just like here, many Midsummer bonfires in Norway include hot dogs and s'mores, something that will likely be a big hit with your family at home. However, good food is always popular and Midsummer is no exception. Don't be afraid to incorporate other Norwegian recipes into your celebration, too. The online Recipe Box on the Sons of Norway website is a great place to start.

Finally, once you have the family together around the bonfire and you've had your fill of food, share some Norwegian folktales. Tales of Viking adventures or trolls make for great bonfire tales and could spark an interest in your kids' Norwegian roots. The Members' Section of the Sons of Norway website is a great place to start your search for bonfire stories!

However your family celebrates Midsummer, make it a special evening!



SMÅ SNAKK BOOSTER CLUB MEMBERS

Your donation is a voluntary act. The Små Snakk booster fee is \$20. This donation helps pay for publication and distribution of the Små Snakk newsletter. Make your check payable to Sons of Norway and mail to Gail Yerkes, Editor. Tusen takk for your support.

BOOSTER NAME	DATE EXPIRES	
Adolph & Jane Baste *	June	2016
Johanna Davidson *	July	2016
Pete & Launi Evenson	March	2017
Bonnie Hardman	February	2017
Roy Hauge	June	2017
Carol Scott	April	2017
Rita Tweed	October	2016
Jay Vogeley	May	2018
Roger & Margaret Winslow	October	2016

DISTRICT 3 PRESIDENT'S MESSAGE

Fra Presidenten, Mary B. Andersen, June 2016

As you know, new member recruitment is one of the most important things everyone can do to support Sons of Norway and help the organization grow within our communities. It can be as simple as identifying friends, family, neighbors or colleagues who share an interest in Norwegian heritage, volunteerism, or financial protection. Then, when you do, invite them to participate in an upcoming event or attend a lodge meeting. A simple invitation is often the best and most effective way to recruit a new member.

Now, because Sons of Norway wants to encourage a strong recruitment effort, some exciting changes have been made to the Norwegian Experience Recruitment Contest. The 2016 program, which was created by Sons of Norway and our official travel partner, Borton Overseas, will recognize the efforts of members throughout the organization, rather than just one recruiter.

This year Sons of Norway will award two plane tickets to Norway to the top recruiter in each district—that means you, or someone in your lodge may be winning a free trip to Norway! All you have to do is focus on recruiting new, dues-paying members into your lodge—something you are probably doing anyhow. All qualifying members recruited between January 1 and December 31, 2016 count towards the contest, so good luck! If you have any questions about the program, be sure to contact headquarters at 612-821-4623.

Remember, this is a great contest because it's guaranteed that one of the winners is going to be from our district. What's more, the contest is sponsored by one of our organization's biggest supporters, and our official travel partner, Borton Overseas. They have a long history of helping make Sons of Norway members' dreams come true by planning amazing adventures to Norway. And don't forget—even if you don't win, Borton gives all members a 5% discount on travel booked through their offices. To learn more about this discount, call them at (612) 822-4640.

Good luck in your recruiting efforts! I can't wait to see who wins in our district! Thank you for all your help and for all that you do for Sons of Norway!

Have a happy, healthy and safe summer!!

CULTURAL CORNER

Cheryl Drabek
Cultural Director

There are lots of ideas for the 2016 cultural program, if you have any requests, please let me know!

BOOK CORNER

Our next book for review for the Book Club is Kristin Lavransdatter 1, *The Bridal Wreath* by Sigrid Undset. It's one of the great 20th century historical novels. The acknowledged masterpiece of the Nobel Prize-winning novelist Sigrid Undset, Kristin Lavransdatter has never been out of print in this country since its first publication in 1927. Its story of a woman's life in fourteenth-century Norway has kept its hold on generations of readers, and the heroine, Kristin-beautiful, strong-willed, and passionate—stands with the world's great literary figures. Volume 1 describes young Kristin's stormy romance with the dashing Erlend Nikulausson, a young man perhaps overly fond of women, of whom her father strongly disapproves.

We will review this book before the start of the lodge meeting in September. The group decided reviewing a book once a quarter gave everyone time to obtain the book and read it. Hope to have more members join it! Please come with recommendations for our next book.

TRAVEL BUG

Send in a photo and a couple paragraphs on your travels to share with fellow lodge members.

LEARN NORWEGIAN FROM TRANSPARENT LANGUAGE

Norwegian word: fat English translation: plate

Part of speech: noun

Norwegian example: På fatet lå det tre bananer og et eple.

English example: There were three bananas and an apple on the plate.

Norwegian word: lykkes English translation: succeed

Part of speech: verb

Norwegian example: De lyktes i deres andre forsøk.

English example: They succeeded in their second attempt.



JUNE BIRTHDAYS GRATULERER MED DAGEN

- 2 Alexander Waller
- 5 Ella Possum
- 8 Kent Larson
- 10 Martin Iverson
- 12 Donald Nelson
- 18 Brad Muller
- 19 Joshua Rivera
- 19 Laura Phelps
- 24 Gary Bangstad
- 26 Mary Kay Hill
- 26 Sean Rivera
- 28 Dave Johnson
- 28 Jay Voageley

JULY BIRTHDAYS GRATULERER MED DAGEN

- 3 Jordan Williams
- 10 David Fluker
- 12 Carly Ann Rivera
- 13 Margaret Winslow
- 29 Sharon White
- 31 Sam Genet



AUGUST BIRTHDAYS GRATULERER MED DAGEN

- 2 Gracie Walker
- 5 Jack Wilson
- 6 Eric Nord
- 7 Beverly Teigland
- 8 Clinton Sage
- 11 Mora Berry
- 12 Roger Winslow
- 13 Inez Tweed
- 17 Roald Selfors
- 18 Siena Selfors
- 22 Lori Nay
- 24 Erling Larson
- 29 Christopher Griffiths
- 30 Donald Pederson
- 31 Hanne Funk
- 31 Verna Lauritsen

JUNE, JULY, AUGUST HOLIDAYS IN NORWAY

- June 7 Dissolution of union with Sweden (1905)
- June 20 June Solstice
- June 23 Midsummer Eve
- June 24 St. John's day
- July 4 Queen Sonja's day
- July 20 Crown Prince Haakon's day
- July 29 St. Olaf's day
- August 19 Crown Princess Mette Marit's day

JUNE, JULY HOLIDAYS IN AMERICA

- June 14 Flag Day
- June 19 Father's Day
- June 20 First Day of Summer
- July 4 Independence Day



DRAKEN HARALD HÅRFAGRE SAILS TO NORTH AMERICA

In April, the Draken Harald Hårfagre, the modern world's largest Viking ship, set sail on a new mission: to reach North America following the route traveled by Leif Erikson in 1000 A.D. Titled Expedition America 2016, the ship's voyage to North America is timed to coincide with summer festivals, including the Tall Ship Challenge Great Lakes 2016 in August, where it will participate as the only Viking ship.

In September and October, it will make stops in New York City and Mystic, Connecticut.

Since the Vikings made few records about ship-building and sailing techniques, the Draken Harald Hårfagre is a replica longship based on details gleaned from Norse sagas and modeled after ships uncovered in archaeological digs. Outfitted with a sail of red silk, the craft can reach top sailing speeds of 14 knots, or 16 mph. When winds are low, 25 pairs of oars propel the ship. Although there are a few modern additions such as safety and navigation equipment and communication gear, the ship itself was hand-built, solely using traditional boat-building methods.

To honor tradition, the ornate dragon's head prow of the ship was revealed in a ceremony prior to the ship's launch from Haugesund, Norway in April. The colorful carved adornment was traditionally mounted right before departure to protect the crew from bad weather, pirate raids and evil, and removed while in port.

A task not for the faint of heart, the 32-person crew for the expedition was selected from 4,000 applicants hailing from the U.S. and Europe. Captain Björn Ahlander praised his crew, stating that they have to withstand rain, cold, harsh mental physical demands and get by on little sleep and no privacy. The owner of the ship, Norwegian entrepreneur Sigurd Aase says that the project's "aim is to explore the world, embrace the Viking spirit to look beyond the horizon and seek adventure, to inspire people to take on challenges."

To see footage of the Draken Harald Hårfagre in action, visit drakenexpeditionamerica.com or follow the ship on facebook at [facebook.com/drakenharaldharfagre](https://www.facebook.com/drakenharaldharfagre)

GATEWAY TO FLORIDA LODGE HONORS:

District 3 Lodge of the Year 2003, 2007, 2009, 2010. Membership Lodge of the Year 2007-2008, Founders Award for Membership Achievement 2007, 2008-09, 2010-11. President's Gold Merit Award for Fraternal Excellence 2007, 2008-09, 2010-11, President's Special Recognition Gold 2010 and 2011; World of Nations First Place/Best Country 2006, Grand Overall Winner Jacksonville Boat Light Parade 2008, First Place Palm Valley Boat Light Parade 2008, 2010, Organized Club Winner Jacksonville Light Parade 2009, 2010, First Place Whitey's Fish Camp Boat Light Parade 2010, Grand Prize Best Overall St Augustine Holiday Regatta of Lights 2009. Winner of Fall Blitz Recruitment Contest in Large Lodge Category 2009. Third District Golden Newsletter Award for Medium Size Lodge Division in 2009. Newsletter Honorable Mention 2011. Certificate of Recognition Third Place Category A 2014.

Lodge Website: sonjax.com. Third District Website: 3DSofN.org.

Sons of Norway Headquarters Website: sofn.com

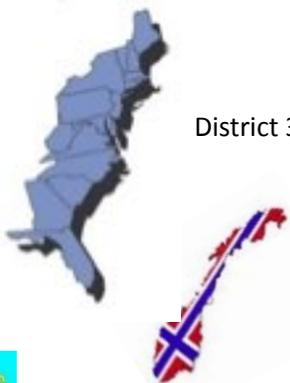
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The mission of the Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.