



S M Å S N A K K
S O N S O F N O R W A Y
JACKSONVILLE, FLORIDA

Volume 42 Issue 5

May 2016

**IT'S SUMMER AND TIME TO PICNIC!
LET'S CELEBRATE SYTTENDE MAI AT THE LAKESHORE
MAY 22 - SUNDAY From 2:00 - 5:00 p.m.**

We're celebrating the 202nd anniversary of the Norwegian Constitution signed at Eidsvoll, Norway. It was instrumental in providing Norway with status as an independent country.

Join fellow lodge members, friends and guests at our annual lodge picnic, Syttende Mai celebration and the opportunity to row and sail our Viking boat Hagar. Meet at Shepherd of the Woods Lakeshore property, 6595 Columbia Park Court. See a map and directions to the property on page 2. The picnic house is air conditioned, the porch offers a lovely view of the lake and summer raffle baskets will be available so bring your bucks to purchase tickets.

Donation is \$13

RSVP to Kent Larson by Friday noon, May 20 at 260-4064 or kmlmal@bellsouth.net



We'll be dining on assorted cold salads, pickled herring, shrimp, bratwursts/buns, relish/condiments, baked beans, wraps, potato chips, dessert "bites" and ice cream. We will have sodas, and iced tea.



This is a great day to bring the kids and grandchildren.

FEIRE MED OSS!

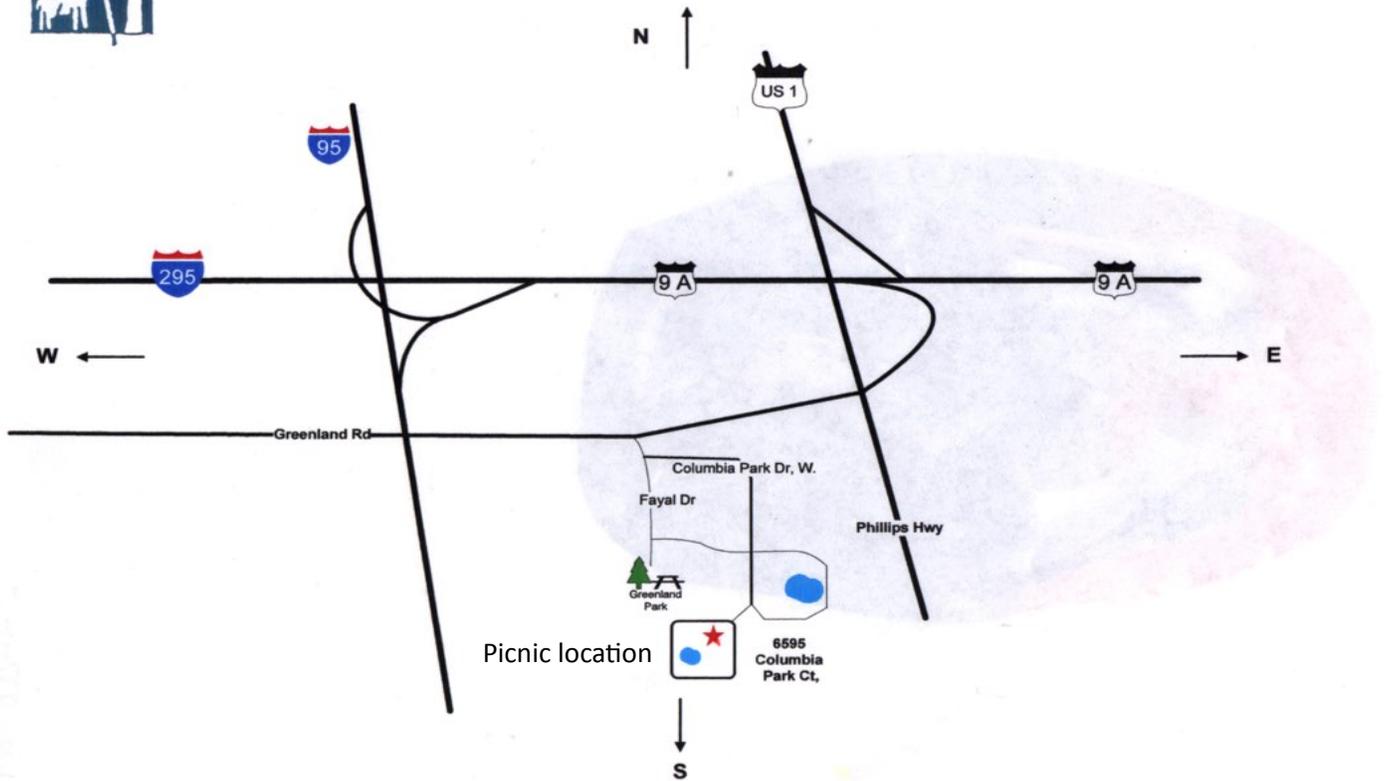
Celebrate with us!





SHEPHERD OF THE WOODS LUTHERAN CHURCH

Lakeshore Property at 6595 Columbia Park Ct.
904-641-8385



Map Source

S. Kirday

3/30/200

DIRECTIONS: From Greenland Road, turn onto Fayal Dr.
 In 150 feet take a slight left turn onto Columbia Parkway.
 In .6 miles turn right onto Columbia Park Court.
 In 450 feet arrive at Shepherd of the Woods Lakeshore property.



**PRESIDENT'S MESSAGE
BESKJED FRA PRESIDENTEN**

Greeting Fellow Members and Friends,



Thank you to all who attended and helped make the 42nd Anniversary of our Lodge Celebration such a successful event. We had a wonderful time at the San Jose Country Club. Thank you Kristen and Andy Allen for sponsoring us so we could be at this beautiful place. We had great food and wonderful entertainment by Maj-Britt and Lou Corbin. There was dancing and singing and good fellowship. Those who couldn't attend missed a fun event and we missed you.

It has been suggested that maybe we shouldn't celebrate our anniversary every year, but maybe every 5th year, so the next celebration would be on our 45th anniversary.

Please let me know what you think. We are open for suggestions.

I know the Beaches Parade in April was a lot of fun and that we had a lot of members there. Hagar, Helga and the Vikings and our boats were very popular, I understand. Eugene Yerkes will tell us more about the day. Thank you, Eugene Yerkes and Stewart Svendsen for all the work you do on the boats to get them ready for us to be able to show off our heritage.

On May 22nd we have our 17th of May celebration at the Lakeside at Shepherd of the Woods Lutheran Church from 2:00 PM to 5:00PM. There will be good food, good company and lots of rowing. So please come and join in the celebration. Kent Larson is taking the RSVP's so please call 904-260-4064. We hope to see you all. Last year was so much fun.

On May 14, Kent and Marci Larson and I went to the Zone Meeting in Clearwater. It was a very important zone meeting because we needed to vote on a new Zone 5 Director, Assistant Zone Director and one International Delegate for the International Convention. We have great representation from our Lodge: our own Kent Larson was elected Assistant Zone Director and International Delegate for the International Convention in Tacoma, Washington in August. Our new Zone 5 Director is Ingrid Hammond from the Gulfstream Lodge.

On June 8 through 12, Marty Iverson, Kent Larson and I will be in Myrtle Beach, SC for the District 3 Convention. There will be many resolutions that will be voted on at the convention. We will be telling you more about it when we return.

We look forward to seeing everyone on the 22nd of May and we are also having our Board meeting Monday the 16th of May at Shepherd of the Woods at 7:15.

Fraternally Yours,

Evelyn Hopkins, President

NORWAY ANNOUNCES PLAN TO CREATE BICYCLE EXPRESSWAYS

Norway has announced its plan to spend NOK 8 billion (almost \$1 billion) developing bicycle expressways in nine of its largest cities. This plan is part of a larger national transit initiative to reduce pollution in Norway and cut greenhouse gas emissions in half by 2030.

The bicycle expressways will serve as commuter tracks linking the outer suburbs with the downtown areas where many people work. The purpose of the project is to help increase the amount of bicycle commuters and diversify transportation in the larger cities. These extensions will make commuting from the countryside possible by connecting the city biking networks with the suburbs. These expressways will allow cyclists to maintain a consistent pace and reach speeds of 30 - 40 kph (approximately 17-25 mph), making the longer commutes from the suburbs to the cities easier to manage. The tracks will also only be accessible by bicycles and electric bicycles, so commuting will be much safer and more efficient with the absence of cars.

10 two-lane tracks in and around Norway's nine largest cities have been proposed in the National Transport Plan. The Oslo area will get two expressways, while eight other major cities will receive one, including: Bergen, Trondheim, Nord-Jæren, Nedre Glomma, Buskerudbyen, Grenland, Kristiansand and Tromsø.

Because of Norway's mountainous landscape, cold climate and inclement weather conditions, there is some opposition to the project. Some of those opposed claim that Norway's climate and landscape could create unrealistic cycling conditions, especially during the winter months. However, proponents believe that the expressway project is a positive step toward Norway's transition away from high-emission forms of transportation. And, if they're successful the expressways could help reduce pressure on other heavily-used transportation systems such as roadways and public transit.

Although bicycling only accounted for 5 percent of daily transportation usage in 2014, Norway is looking to increase this number to have bicycling account for 10-20 percent of all daily trips in the nine major cities where the expressways have been proposed.

NEW MEMBER WELCOME BRUNCH

Make plans to attend our annual new member welcome brunch Saturday, June 18 from 9:30 a.m. to noon.

We'll meet at Shepherd of the Woods Lutheran Church, 7860 Southside Blvd.

IN THE FOOTSTEPS OF MARTIN LUTHER AND THE REFORMATION TOUR

In September Pastor Ida Iverson will be leading a reformation tour to Germany through Educational Opportunities Tours out of Lakeland, FL. It is called: "In the Footsteps of Martin Luther & the Reformation. The date of the tour is September 15th and it is a 9 day tour. Price from New York is \$3,198 and includes round trip airfare, basic tour and guided sightseeing, daily buffet breakfast and dinner, ground transportation and hotels.

They will also make arrangements for travel from Jacksonville to New York with additional fees.

If you are interested contact Pastor Ida Iverson at 904-210-9071 cell, 904-726-0626 home, prieiverson@gmail.com or go to www.EO.TRAVEL for further details. If anyone want to sign-up, under host: Pr. Ida Iverson ID#56726.

Pastor Ida Iverson



3rd District Convention
Myrtle Beach, S.C.
June 8 - 12

DISTRICT 3 MAY NEWSLETTER

Read the D3 May newsletter online at 3DSofN.org for information about the Charitable Trust, State of Land of the Vikings, Golf Tournament, Cultural Director's Report, Recipes for Lingonberry Cake and Røget laks med Røraeg på Franskbrød, May 17 Poem, Røyskatt - Stoa, Kjell Eriksson, Janet Lindsberg, Christianity in Norway, 3D Convention Information, Zone Reports, From Day to Day: One Man's Diary of Survival in Nazi Concentration Camps by Odd Nansen, Edited and annotated by Timothy J. Boyce, 2016 NEPA Regional Ski for Light event and Sports for Health, Financial Benefit Counselor's Report, photographs (including our lodge anniversary luncheon), and more!

42nd LODGE ANNIVERSARY LUNCHEON



Marci Larson conducted the raffle with her assistants Shawn and Siena Selfors.



Siena Selfors delivered the raffle prize won by Betty Rae Pierce



Jim and Linda Lapointe



Gateway to Florida Lodge . Members gathered to celebrate the 42nd lodge anniversary April 17. We enjoyed a salmon lunch and danced to live music. We reviewed our lodge history, recognized the Charter, Golden members and past presidents. Lodge accomplishments were announced. Lucky participants won prizes at the Viking Auction.



Evelyn and Pete Hopkins



Kent Larson and Joy Hauge



Betty Rae & Phil Pierce



The talented Maj-Britt and Lou Corbin entertained us with live music

SUNSHINE NEWS

Our condolences to Cheryl Drabek on the recent passing of her father.

Jay Vogeley is not able to attend lodge meetings but says she is healthy and is quite content living in her apartment in an assisted living facility. Jay says "hello" to everyone in the lodge.

Please let Anna Rita or Cheryl know of any milestone birthdays or anniversaries so our lodge can send out a card. Also if you know of a member having health issues, let us know so we might try to cheer them up a little.



To report sunshine news please contact Cheryl Drabek at ceejay611@yahoo.com, 904-860-3174 or Anna Rita Perkins at annarita@bellsouth.net, 904-396-7692.

Sunshine Coordinators, Anna Rita Perkins and Cheryl Drabek

BAKE-A-THON JUNE 4

Save the date for the lodge bake-a-thon Saturday, June 4 from 1:00 - 4:00 p.m. in the kitchen of Shepherd of the Woods Church, 7860 Southside Boulevard, for the District 3 Convention. We'll bake Scandinavian cookies for the delegates who attend the convention during their coffee breaks.

Contact Cheryl Drabek, 904.860.3174 or ceejay611@yahoo.com if you are interested. More details will be provided closer to the date.



Seventeen SON members attended the Shepherd of the Woods 10th Anniversary School Dinner & Fundraiser April 30 to benefit the school. Sons of Norway was a diamond sponsor. SOTW school is part of our adopt a school program coordinated by Rita Tweed & Charlotte Fluker.

Standing Left to Right: Stewart Svendsen, Pete Hopkins, Marci Larson, Rita Tweed, Angie Ervin (school event coordinator), Kent Larson, Anna-Rita Perkins, Bonnie Hardman, Franklin Morrison III, (sitting) David, Katrina, Charlotte Fluker.

Photo provided by Stewart Svendsen

2016-2017 SON GATEWAY TO FLORIDA OFFICERS

President	Evelyn Hopkins
Vice President	Marty and Ida Iverson
Counselor	Kent Larson
Secretary	Chelsea Knudson
Assistant Secretary	Kristen Allen
Membership Secretary	Bonnie Hardman
Treasurer	Franklin Morrison III
Social Director	Larry Nelson Coordinator
Asst. Social Directors	Laurette Sage, Knute Fosaaen, Jr.
Cultural Director	Cheryl Drabek
Assistant Cultural Directors	Sharon White & Ann Crisp
Sports Director	Eugene Yerkes
Asst. Sports Directors	Eric Nord & Rich Brew
Youth Director	Charlotte Fluker & Rita Tweed
Adopt A School	Charlotte Fluker & Rita Tweed
Trustee 1	David Fluker
Trustee 2	Pete Hopkins
Trustee 3	Stewart Svendsen
Communication Director	Marci Larson
Foundation Coordinator	Marty Iverson
Marshall 1	Stewart Svendsen
Marshall 2	Michael Mele
Marshall 3	Martin Rasmussen
Greeters	Judy Silvey & Johanna Davidson
Editor	Gail Yerkes
Historian	Sharon White
Sunshine	Cheryl Drabek & Anna Rita Perkins
Tubfrim	Launi Evenson
Insurance Representative	
Librarian	Carol Scott
Volunteer Coordinator	Ruth Morrison



HURRA FOR SYTTENDE MAI!

Lodge Calendar (Subject to Change)

Mon., June 6	June Newsletter Deadline
Mon., May 16	Board Meeting @ 7:15 p.m.
Sun., May 22	Picnic at SOTW Lakeside with Viking boats from 2:00 to 5 p.m.
Sat., June 4	Baking @ SOTW for Dist. Convention/ Cultural Activity from 1-4 p.m.
June 8-12	District Convention in Myrtle Beach
Tues. June 21	Board Meeting
Sat., June 18	New Member Welcome & Brunch at SOTW from 9:30-noon
July	No Lodge Meeting
August	No Lodge Meeting
Tues., Sept. 6	Board Meeting
Fri., September 9	Salmon & Meatball Dinner at SOTW
Sat., October 1	Viking Boat Regatta
Tues., Nov 15	Board Meeting
Fri., November 18	Thanksgiving Dinner at SOTW & Veteran's Remembrance
Sun., December 4	Scandinavian JuleFest at the Allen Home

OUR LODGE IN JACKSONVILLE BEACHES PARADE

The SON Vikings participated in the 70th Annual Beaches Parade Sunday, April 24. Our Viking boat Hagar and our Lodge Vikings were the third entry in group 2. We followed Joe's Crab Shack float and ahead of the Crystal Springs Twirlers. With clear sunny skies and light wind, Hagar's sail was like a sign post for all Vikings to gather around.

Tod Knudson stood tall in front of Hagar's sail costumed as "Hagar the Horrible." Kristen Allen sat in the coxswain seat as "Helga." Rita Tweed and Po Chu Svendsen carried the Gateway to Florida Lodge banner.

As we marched along we gave beaded necklaces to the children along the parade route. Many of the children (and some adults) would "fight" for the colorful necklaces. The parade started at 2 p.m. and lasted for about an hour. After the parade we packed the Viking costumes, parade sail and mast until the next event. Once again, it was fun to play Vikings!

That evening our Viking boat and Hagar (Tod Knudson) were featured on the local TV station's news broadcast. Also, last year's picture of Hagar with Marci Larson as Helga was used to advertise this year's Beaches parade in the Times Union newspaper.

Eugene Yerkes, Sports Director



Michael Mele, Rita Tweed, Franklin Morrison, Stewart Svendsen, Tod Knudson, Kristen & Andy Allen, Payne & Ava Allen, Eugene Yerkes, Tammy Mayer. Po Chu Svendsen (not in photo).



Tod Knudson posed in Hagar's bow.
Eugene Yerkes towed Hagar.



Kristen Allen
portrayed Helga



Payne Allen
portrayed a Viking

SMÅ SNAKK BOOSTER CLUB MEMBERS

Your donation is a voluntary act. The Små Snakk booster fee is \$20. This donation helps pay for publication and distribution of the Små Snakk newsletter. Make your check payable to Sons of Norway and mail to Gail Yerkes, Editor. Tusen takk for your support.

BOOSTER NAME	DATE EXPIRES	
Adolph & Jane Baste *	June	2016
Johanna Davidson	July	2016
Pete & Launi Evenson	March	2017
Bonnie Hardman	February	2017
Roy Hauge	June	2017
Carol Scott	April	2017
Rita Tweed	October	2016
Jay Vogeley	May	2018
Roger & Margaret Winslow	October	2016

DISTRICT 3 PRESIDENT'S MESSAGE

Fra Presidenten, Mary B. Andersen, May 2016

It is time to get down to business

"Cumulatively small decisions, choices, actions, make a very big difference" Jane Goodall

As can be expected at this time, your Third District Board and many of your fraternal brothers and sisters serving on convention committees are busy getting ready for the 64th District Lodge meeting to be held in June at Myrtle Beach, South Carolina. This location was specifically chosen to enable as many lodges as possible to attend. Each delegate makes a difference. The delegates set the course for the future direction of the Third District! You have a voice; I hope your lodge will use it by sending delegates.

Lodge delegates will receive a Convention Reports book in late April or early May via email. It is the delegate's job to discuss the various resolutions with his/her respective lodge and understand how the lodge wants the delegate to vote on a particular issue. I can't emphasize enough this is your lodge's time to officially voice your thoughts and wishes on the future of the Third District! Please, try to take advantage of this opportunity. It only happens once every two years.

After the convention is over, each delegate should report back to his or her respective lodge with a summary of the important decisions made at the District Lodge meeting. The delegate should also announce the new officers and present any other items of interest or news that the lodge may want to know more about.

Yes, there is a serious tone to this letter because the business of running a District is serious. We have so much fun together at our socials that it is easy to forget that we are more than a social organization. It is time to really get down to business.

Jeg ønsker dere alt godt, Mary

CULTURAL CORNER

Cheryl Drabek
Cultural Director

There are lots of ideas for the 2016 cultural program, if you have any requests, please let me know!

BOOK CORNER

Our next book for review for the Book Club is Kristin Lavransdatter 1, The Bridal Wreath by Sigrid Undset. It's one of the great 20th century historical novels. The acknowledged masterpiece of the Nobel Prize-winning novelist Sigrid Undset, Kristin Lavransdatter has never been out of print in this country since its first publication in 1927. Its story of a woman's life in fourteenth-century Norway has kept its hold on generations of readers, and the heroine, Kristin-beautiful, strong-willed, and passionate-stands with the world's great literary figures. Volume 1 describes young Kristin's stormy romance with the dashing Erlend Nikulausson, a young man perhaps overly fond of women, of whom her father strongly disapproves.

We will review this book before the start of the lodge meeting in September. The group decided reviewing a book once a quarter gave everyone time to obtain the book and read it. Hope to have more members join it! Please come with recommendations for our next book.

TRAVEL BUG

Send in a photo and a couple paragraphs on your travels to share with fellow lodge members.

LEARN NORWEGIAN FROM TRANSPARENT LANGUAGE

Norwegian word: nysgjerrig English translation: curious

Part of speech: adjective

Norwegian example: Er du nysgjerrig på hvordan det er å bo i Norge?

English example: Are you curious about how it is to live in Norway?

Norwegian word: nyse English translation: to sneeze

Part of speech: verb

Norwegian example: Det er umulig å nyse uten å blunke.

English example: It's impossible to sneeze without blinking.



MAY BIRTHDAYS GRATULERER MED DAGEN

1	Jane Baste
1	Maj-Britt Corbin
2	Henry Henningsen
2	Joseph Dickinson
2	Todd Sack
3	Jane Slater
6	Marion Kaurup
6	Stela Chepenik
6	Liv Jorunn Witherow
7	Ann Pederson
8	Michael Mele
10	David Wilson
11	Laurette Sage
15	Emma Ellefsen
21	Hannah Woody
25	Sara Kate Harris
30	Thea Genet
31	Kira Soyland



The coat of arms of Norway is a crowned, golden lion rampant holding an axe with an argent blade, on a crowned, triangular and red escutcheon. Its elements originate from personal insignias for the royal house in the High Middle Ages, thus being among the oldest in Europe. In Norway, the motif of the coat of arms is often called "Den norske løve," literally translated "The Norwegian Lion."

MAY HOLIDAYS IN NORWAY

May 1	Sunday	Labor day	National holiday, Flag day
May 5	Thursday	Ascension Day	National holiday
May 8	Sunday	Day of liberation	Observance, Flag day
May 15	Sunday	Whit Sunday	National holiday, Flag day
May 16	Monday	Whit Monday	National holiday
May 17	Tuesday	17 May Constitution Day (1814)	National holiday, Flag day

ANCIENT DNA SHOWS HOW VIKINGS IMPACTED PLANTS AND ANIMALS

Biologists Sanne Boessenkool and Anneleen Kool at the University of Oslo are researching how the Vikings' travels contributed to the spread of genetic material and development of biodiversity. For this purpose, they are using the DNA material of ax, barley and horses from the Viking era.

"The questions we are investigating have not been researched using ancient DNA material," explains Boessenkool. She specializes in evolutionary genetics and has been researching ancient DNA for the past nine years.

"The fascination of old DNA material is that it reveals the secrets of earlier times. We gain insight into areas of life that we otherwise could not become aware of. It's almost like being detectives," says Boessenkool. Anneleen Kool works as a botanist and curator at the University of Oslo Botanical Gardens. She is particularly interested in the interaction between plants and people. Kool has been heavily involved in the planning of the University Botanical Garden's Viking Garden, which was dedicated in August 2014. The facility shows 70 crops that were used in Scandinavia during the Viking era. "It was natural to team up to seek new knowledge, not just about horses, ax and grain, but also about how the Vikings may have helped spread the genetic material to the areas where they settled, thus affecting the genetic composition of plants and animals," explains Kool.

"We have heard a lot about how exotic spices, silk and other fabrics were imported to Scandinavia during the Viking Era. But we know little about the genetic background of the plants and animals that the Vikings used and how they altered them both consciously and unconsciously," adds Boessenkool. When she chose specifically to research horses from Viking times, there were several reasons. The horse was of great importance for people both in practical matters, transportation and travel - and in religious ceremonies. A total of 26 horses were buried in the ship burials at Oseberg and Gokstad. Vikings from Norway had brought horses along to places such as Iceland and the Orkney Islands.

What similarities and connections we can find between horses from this era that have been found in various places? How did they change genetically and what percentage of Viking Era genes is found in modern horses? These are some of the questions the two biologists want to answer.

GATEWAY TO FLORIDA LODGE HONORS:

District 3 Lodge of the Year 2003, 2007, 2009, 2010. Membership Lodge of the Year 2007-2008, Founders Award for Membership Achievement 2007, 2008-09, 2010-11. President's Gold Merit Award for Fraternal Excellence 2007, 2008-09, 2010-11, President's Special Recognition Gold 2010 and 2011; World of Nations First Place/Best Country 2006, Grand Overall Winner Jacksonville Boat Light Parade 2008, First Place Palm Valley Boat Light Parade 2008, 2010, Organized Club Winner Jacksonville Light Parade 2009, 2010, First Place Whitey's Fish Camp Boat Light Parade 2010, Grand Prize Best Overall St Augustine Holiday Regatta of Lights 2009. Winner of Fall Blitz Recruitment Contest in Large Lodge Category 2009. Third District Golden Newsletter Award for Medium Size Lodge Division in 2009. Newsletter Honorable Mention 2011. Certificate of Recognition Third Place Category A 2014.

Lodge Website: sonjax.com. Third District Website: 3DSofN.org.

Sons of Norway Headquarters Website: sofn.com

Twitter: [@SonsofNorwayJax](https://twitter.com/SonsofNorwayJax) Google+: plus.google.com/+SonJax Facebook: facebook.com/groups/196188778036

EVELYN HOPKINS
REALTOR
MAGNOLIA Properties
ehop3543@gmail.com
EMAIL
904-625-5686
DIRECT
904-416-0161
FAX

kw
KELLERWILLIAMS.
Carole Knudson
REALTOR®, GRI
904.699.6778
caroleknudson@kw.com • www.caroleknudson.com
8702 Perimeter Park Blvd. • Jacksonville, FL 32216
Each Keller Williams Realty Office is Independently Owned and Operated



District 3



Sma Snakk Return Address:
Gail Yerkes, Editor
1742 Lord Byron Lane
Jacksonville, FL 32223-0800
904-268-9924
www.sonjax.com



The mission of the Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.