



# S M Å S N A K K S O N S O F N O R W A Y

Volume 45 Issue 17 OCTOBER 2019

## LODGE MEETING FRIDAY, OCTOBER 11 Fredag elleve oktober

### WHAT IS A FESTDRAKT? WHAT IS A BUNAD?



In Norway today, approximately 70 percent of the women and 20 percent of the men wear 450 bunad and festdrakt styles on a regular basis. How many are you familiar with? Do you know which one is appropriate for you based on the region of Norway your family came from? The costumes that we know about in the U.S. are just a few of the many worn in Norway today.

If you are interested in learning more about the Norwegian bunad that is the national costume of Norway and the festdrakt and how they differ, join us October 11 when Deb McConaghy will explain the differences. She will show us varied photos of bunader from various regions around Norway with a brief explanation of how they came to be and overview of the history. If you have a specific region or area of Norway that you would like to know more about ask Deb. She has a large collection of research books that you can review plus a few søljer and earrings available for sale. Deb is joining us from North Carolina and is well known for her sewing talents and many things Norwegian.

Included in the evening is our annual ScanFest dinner at 7 p.m., but come by 6:30 for fellowship and a look at the wonderful raffle items. You will feast on appetizers of herring and crackers, salmon, Swedish meatballs, parsley boiled potatoes, cauliflower casserole, rutabaga, rømmegrøt and a wide array of Scandinavian goodies created at the baking bee earlier in the week. The usual assorted beverages will be available. Donation for this dinner is \$17. Please RSVP by Thursday afternoon to Kent Larson at 614-7111 or [kmlmal@bellsouth.net](mailto:kmlmal@bellsouth.net).

Meet at Shepherd of the Woods Lutheran Church, 7860 Southside Boulevard, located on the parallel service road between JT Butler and Old Baymeadows Road. For entry use the service road off Baymeadows on Southside Boulevard or by the Skinner Parkway traffic light. A large white cross is near the entrance driveway. Park and enter behind the building.

**PRESIDENT'S MESSAGE  
BESKJED FRA PRESIDENTEN**



Velkommen members and friends,

Fall is here and, in Florida, it is not as pronounced as in Minnesota and Wisconsin where the change in colors is brilliant. Our September

meeting was a great evening with rotisserie chicken and all the fixin's. Many thanks to everyone that helped with preparing the food and clean up at the end of the evening. It takes many helping hands to make our lodge meetings and dinners work. The program included travel monologues by several members who "globe trotted" the past few months including Karen Madrigal who visited Germany; Eugene Yerkes who sailed the Baltic with Gail for their 50<sup>th</sup> anniversary; and Stewart Svendsen who with Po Chu spent several weeks in Hong Kong visiting family.

October will bring not only cooler temperatures but Scanfest, a fashion show and a presentation by Deb McConaghy from North Carolina. Deb makes bunads and sells Norwegian Solje (jewelry). She and several members including Ida will be sewing costumes and will show us their accomplishments at the Friday meeting. It will be an evening steeped in Norwegian culture and Scandinavian food. For anyone who needs Solje Deb has it with her. She will talk to us about the bunads. We will have a short business meeting to continue our nominating committee process.

In November, we will bring out the boats Hagar and Tapper Viking for some fun on the water. The sports

committee has found a nice place to race and hold a Regatta in the city of Palatka, Fl. It is right on the riverfront park with good viewing for our spectators and easy access for the rowers. See the regatta flyer included in this newsletter. We need rowers so let Eugene Yerkes know your availability. So save Friday and especially Saturday, Nov. 15/16 for a fun time in lovely Palatka.

We end our lodge year with the annual Julefest, Sunday, Dec. 8. This year we are at River City Brewing Company in downtown Jacksonville. Mark your calendar and see the information included in this newsletter. The President's Welcome Reception will be held here during the 2020 D3 Convention. The new SON Fraternal Director, Connie O'Brien who also handles marketing communications, will join us from Minneapolis.

Bill Large, chair of the Nominating Committee, still needs a couple members to fill positions. Remember what your Mother told you, "Many hands make light work," so a few more hands to help the lodge are welcome. If you can spare a little time to make sure the Gateway lodge stays viable please contact Bill at 743-2214.

See you Oct. 11 or even sooner at the "Baking Bee" Tuesday, Oct. 8 from 5-8 p.m. Contact Marci Larson at 307-2888 to participate.

Tusen Takk,  
Marty Iverson,  
Lodge President

**2019 Lodge Calendar  
(Subject to Change)**

October 8	Bake-A-Thon @ SOTW for ScanFest (lefse, krumkake)
October 11	Lodge Meeting: ScanFest, Bunads * @ SOTW Church
October 15	Board/Convention Meeting @ SOTW Church
October 30	Newsletter Deadline for November
November 12	Board/Convention Meeting @ SOTW Church
November 16	Viking Boat Regatta @Palatka Riverfront
December 8	Scandinavian JuleFest from 1 - 4 p.m., River City Brewing Company, 835 Museum Circle, Jacksonville, 32207

\*Business Meetings/Nominating Committee & Board/Officers Election



## FRA PRESIDENT 3 DISTRICT



October takes us back to the immigration of our forefathers. Since 1964, when Congress unanimously authorized and requested the President to create the observance of Leif Erikson Day through an annual proclamation, October 9 was chosen because the ship Restaurationen arrived in New York Harbor on October 9,

1825, beginning a wave of immigration from Norway to America.

In July of that year, a group of six dissenting families, seeking a haven from the official Norwegian state church, set sail from Stavanger in an undersized sloop, the Restaurationen. When it arrived in New York harbor after an arduous 14- week journey, the Restaurationen caused a sensation, and the local press marveled at the bravery of these Norwegian pilgrims. Local Quakers helped the destitute emigrants, who eventually established a community in upstate New York. Today, their descendants are still known as "sloopers".

As Eva Britt Kornfeldt of the Oslo Visitors and Convention Bureau said: "Swedes, they do as they are told. Norwegians? We are a stubborn, self- reliant, impulsive, inventive and independent people. But above all, we're curious." Norwegians have always been brave explorers.

From the early Vikings, then onto the first to cross Greenland by land, a Norwegian was first to the South Pole, the voyage of the Kon-Tiki, and then history's longest solo and un-resupplied ski journey, 3,000 miles across the South Pole region. Explorers! So many of us have heard the stories of our own family's emigration. Make sure to write these stories down for future generations, who can be proud of their heritage.

Everything the Sons of Norway Foundation accomplishes is the result of the support of our donors: the people who contribute time, talent and resources to further our mission in member communities. Every contribution matters and you can be sure that we're using your donations responsibly and effectively. Our 3D Foundation Director, Dirk Hansen, has information on how the Foundation can work for YOUR lodge. [hansenoaks@lowcountry.com](mailto:hansenoaks@lowcountry.com)

In closing, remember, this is your Lodge, your Sons of Norway. We need members to come to the Lodge and assist in carrying out the business. All your officers ask is to give the Lodge at least one night a month. We also need your support in finding new members. Why not ask a friend to join in on all the good things we have in our lodge to share?

Fraternally,  
Kathy Dollymore  
3D President

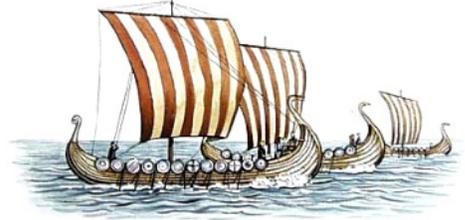
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### GATEWAY TO FLORIDA LODGE HONORS

2003	District 3 Lodge of the Year
2006	World of Nations First Place/Best Country
2007	District 3 Lodge of the Year, Membership Lodge of the Year, Founders Award for Membership Achievement, President's Gold Merit Award for Fraternal Excellence
2008	Founders Award for Membership Achievement, President's Gold Merit Award for Fraternal Excellence, Grand Overall Winner Jacksonville Boat Light Parade, First Place Palm Valley Boat Light Parade, Membership Lodge of the Year
2009	District 3 Lodge of the Year, Founders Award for Membership Achievement, President's Gold Merit Award for Fraternal Excellence, Third District Golden Newsletter Award for Medium Size Lodge Division, Grand Prize Best Overall St. Augustine Holiday Regatta of Lights, Winner of Fall Blitz Recruitment Contest in Large Lodge Category, Organized Club Winner Jacksonville Light Parade
2010	District 3 Lodge of the Year, Founders Award for Membership Achievement, President's Gold Merit Award for Fraternal Excellence, President's Special Recognition Gold, First Place Palm Valley Boat Light Parade, Organized Club Winner Jacksonville Light Parade, First Place Whitey's Fish Camp Boat Light Parade
2011	Founders Award for Membership Achievement, President's Gold Merit Award for Fraternal Excellence, President's Special Recognition Gold Award, Newsletter Honorable Mention
2014	Certificate of Recognition Newsletter Contest Third Place Category A, Gold Merit Award, Large Lodge of the Year
2016	First Place Category A Newsletter Contest



**SAVE THE DATE**  
**2019 LEIF ERIKSON REGATTA**  
**SATURDAY, NOV. 16, 2019**  
**Palatka, FL on the St. Johns River**



The Vikings from Gateway to Florida Lodge, Jacksonville are planning the 2019 Leif Erikson regatta on the St. Johns River in the bucolic community of Palatka, approximately 50 miles south of Jacksonville off I-95. The competitive excitement will begin at 10 a.m., Saturday, as the team captains meet for the briefing. The regatta will begin at 10:30 a.m. at the Riverfront Park, 100 Memorial Parkway in downtown Palatka. Prior to the race, coffee and Danish will be available at 9 a.m. in the St. Johns River Center at 102 North First Street. While there is no charge, donations will be accepted. Following the race, attendees will have a self-pay lunch at Corky Bell's Seafood & Steaks at Gator Landing, 185 South Highway 17, in East Palatka. The reservation is at 1 p.m. Medals will be awarded for first and second places in the race.

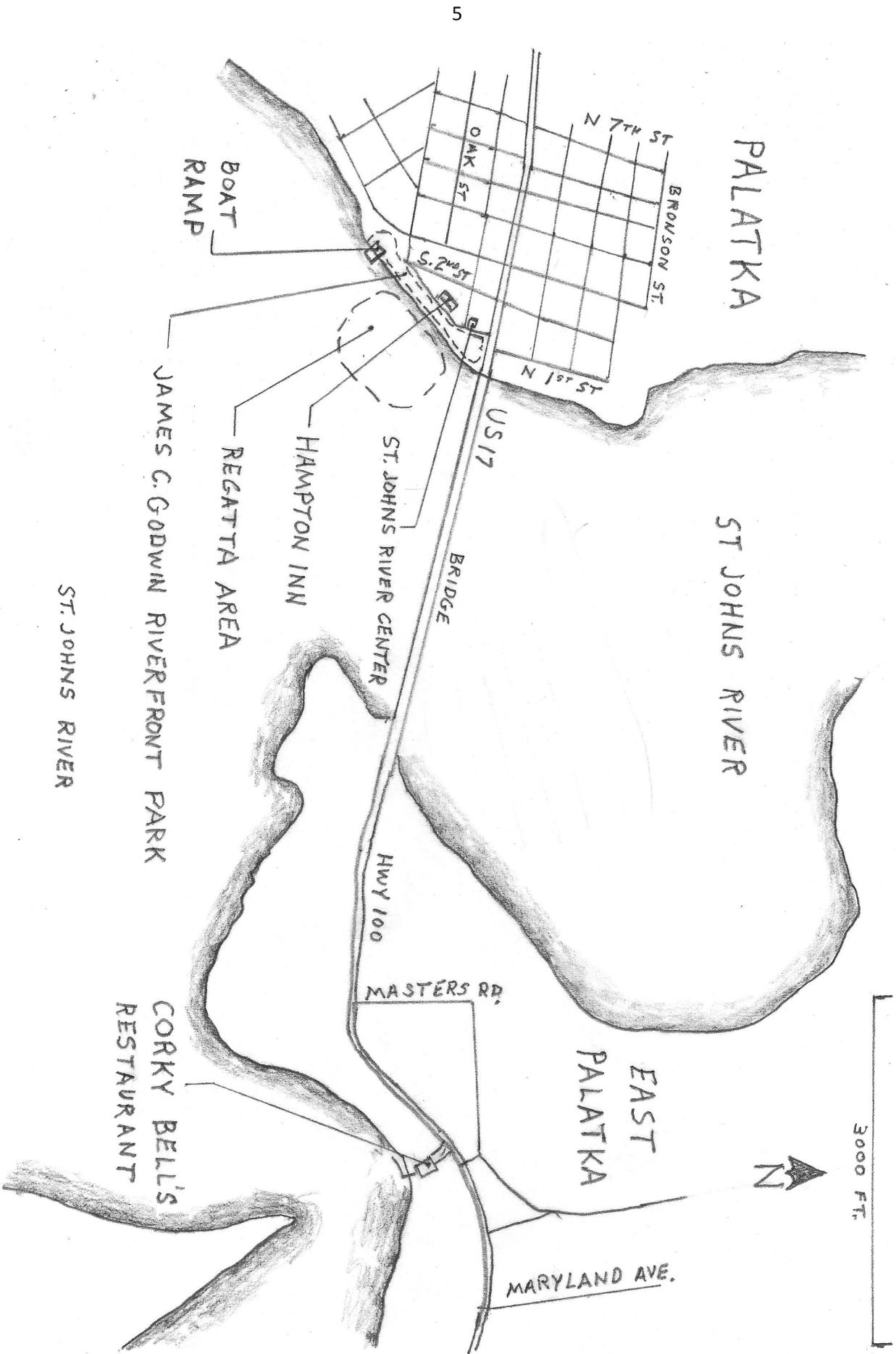
For those who would like to start their fun and fellowship Friday evening, the nearby Hilton Hotel/Palatka at 100 Memorial Parkway has rooms available that include breakfast. There is no room block. Make your Individual reservation by either calling the hotel at 386-530-2420 or going online to book at [www.Hilton.com](http://www.Hilton.com). An informal social hour is set at the hotel at 5:30 p.m. and will include appetizers, adult beverages (including the world-famous Hagar beer), soda and bottled water. There is no charge, but donations will be welcome. Please RSVP your attendance to Kent Larson at 904-614-7111. We will then go to dinner at a local restaurant, once again a self-pay event.

Palatka is the county seat of Putnam County and has a population slightly more than 10,500. The area was once the domain of the Timucuan peoples that fished bass and mullet and hunted deer, turkeys, bear and opossum. Others farmed beans, corn, melons, squash and tobacco. Infectious disease that came with European contact and war devastated the tribes and they were extinct by the mid-18<sup>th</sup> century. During the 1850s, Florida in general and Palatka in particular gained a reputation as a haven for invalids escaping northern winters. Steamboats carried them up the river in increasing numbers. Rich in history, the city is actively working toward redevelopment of its riverfront and downtown area.

If you have questions about the social hour or lunch contact Kent Larson at [kmlmal@bellsouth.net](mailto:kmlmal@bellsouth.net) or 614-71111.

If you have questions about the Viking boat regatta contact Eugene Yerkes at [eugene.yerkes@att.net](mailto:eugene.yerkes@att.net) or 904-268-9924 or 904-476-8885.

# 2019 LEIF ERIKSSON VIKING BOAT REGATTA



## SEPTEMBER LODGE MEETING



Gateway to Florida Lodge 3-541 Vice President Kent Larson & Marci Larson, SON International Secretary, congratulate (guests) Donna & Pastor Scheck & longtime members Alice & Don Franson as both couples celebrate 65 years of marriage!



Gateway to Florida 3-541 lodge members Anna Rita Perkins & Bonnie Hardman greet guests, Pastor & Donna Scheck

Photos by Kent Larson

## A FUN DAY AT ORANGE PARK KENNEL CLUB



Gateway to Florida 3-541 lodge members enjoyed Greyhound Racing in Orange Park on September 21. Pictured (seated) are Bill & Anna Large, & (guest) Arne Anderson. Standing are Kent Larson, (guest) Karen Thomas, Eugene & Gail Yerkes, Pete Hopkins, & Tammy Mayer

### LODGE BOARD MEETING



The board meeting has been changed from Oct. 7 to Tuesday, Oct. 15. Meet at Shepherd of the Woods Lutheran Church at 7:15 p.m.

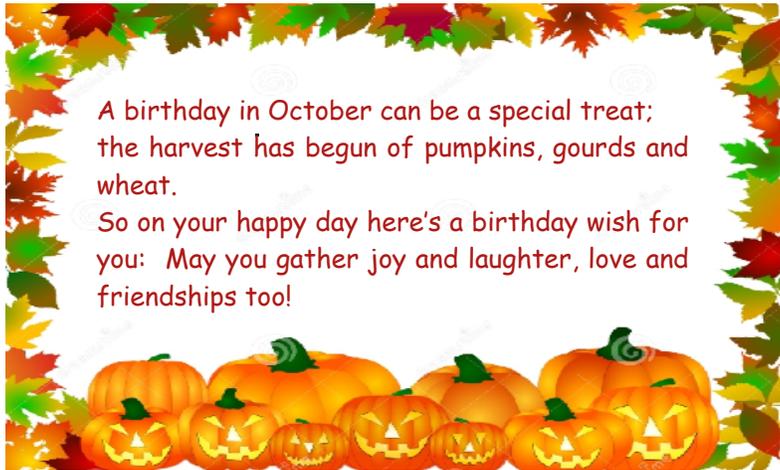
### FOR THE JOY OF IT

With gifted young athletes such as Martin Ødegaard, Ada Hegerberg and Jakob and Henrik Ingebretsen, Norway seems to have the formula down for producing world-class athletes. Is this discipline and drive to succeed a product of cutthroat training regimens and a lifetime of stiff competition? In fact, the exact opposite is true.

Rather than coaxing youth athletes toward greatness in a single sport from an early age, Norway's national sports organization (Norges idrettsforbund) promotes idrettsglede for alle, or the "Joy of Sport for All." With an emphasis on inclusiveness, low program fees, and each child's right to choose their sport(s) and level of involvement, 93% of Norwegian kids participate in organized sports activities. Scores are not allowed to be tallied before kids turn 13. The idea is to emphasize the beneficial aspects of sport: good health, camaraderie and overall well-being.

Sons of Norway members also can enjoy the benefits of an active life while earning pins through the Sports Medals Program. Visit [sonsofnorway.com](http://sonsofnorway.com) or contact [sportsmedals@sofn.com](mailto:sportsmedals@sofn.com) to get involved.

## OCTOBER BIRTHDAYS GRATULERER MED DAGEN



A birthday in October can be a special treat; the harvest has begun of pumpkins, gourds and wheat.

So on your happy day here's a birthday wish for you: May you gather joy and laughter, love and friendships too!

- 4 James Lapointe
- 8 Ruth Morrison
- 9 Dolores Fosaaen
- 10 Leif Solvik
- 10 Patty Potts
- 11 Bjorn D. Soyland
- 11 Joy Hauge
- 12 Marek Czyzyk
- 18 Philip Pierce
- 19 Angela Davis
- 21 Katrina Fluker
- 23 Mylie Wilson
- 24 Stewart Svendsen
- 27 Evelyn Larsen
- 27 Glenn Larsen
- 31 DeAnne Adams



## SCANDINAVIAN JULEFEST SAVE THE DATE: DEC. 8



Make plans to attend the Sons of Norway Scandinavian JuleFest Sunday, Dec. 8 from 1:00 - 4:00 p.m. at River City Brewing Company restaurant, 835 Museum Circle, Jacksonville.

River City Brewing Company is Jacksonville's premier riverfront restaurant located on the Southbank of downtown Jacksonville and overlooks the beautiful St. John's River and the skyline of downtown Jacksonville.

Save the date: menu, cost and reservation form will be available in the November issue.



### VIKING BOATS BOOSTER CLUB

BOOSTER NAME	DATE EXPIRES
<b>ADMIRALS (\$100)</b>	
Eugene & Gail Yerkes	October 2020
Marci & Kent Larson	December 2019
Stewart Svendsen	October 2020
Roger & Margaret Winslow	December 2019
Roy Hauge	April 2020
<b>CAPTAINS (\$50)</b>	
Bonnie Hardman	December 2019
Marty Iverson	January 2020
<b>SEAMEN (\$25)</b>	
Po Chu Svendsen	October 2020
Clint & Laura Sage	December 2019

### WANT TO BE A VIKING BOATS BOOSTER?

#### Here's what you do!

In order to help defray maintenance and storage costs for our two replica Viking boats, the lodge has started a booster program similar to our newsletter booster program. It's very simple with three levels of annual giving: Admiral - \$100, Captain - \$50, and Seaman - \$25

Hagar and Tapper Viking have been a lodge "center piece" for many years. They have enhanced our visibility for Sons of Norway in North Florida as we participate in varied light parades, the annual Opening of the Beaches parade, zone regattas, festivals and farmers markets.

There are many expenses related to the maintenance, insurance, registration and storage of the Viking boats and trailers. Your generosity is greatly appreciated to help offset the costs. Your name will be listed in the newsletter as a Viking Boats Booster.

Sports Director Eugene Yerkes can answer questions and accept your donation either in cash or check made payable to Gateway to Florida SON Lodge. Mail to 1742 Lord Byron Lane, Jacksonville, FL, 32223. Eugene can be reached at [eugene.yerkes@att.net](mailto:eugene.yerkes@att.net) or 904-268-9924.

### GATEWAY STEPPERS SCHEDULE

**November 16** – Viking Boat Regatta (no walk scheduled)

**December** – more details to come. Suggestions appreciated.

Tammy Mayer

### SUNSHINE NEWS

Cheryl Drabek, Co-Cultural Director and Sunshine Committee, has mailed birthday cards to members wishing them a happy birthday in October.

To report sunshine news please contact Cheryl Drabek at [ceejay611@gmail.com](mailto:ceejay611@gmail.com), 904-860-3174 or Anna-Rita Perkins at [annarita@bellsouth.net](mailto:annarita@bellsouth.net), 904-396-7692.

### OSLO LOVES HOT DOGS

For Norwegians, no soccer game or national holiday is complete without a couple of hot dogs in lompe with ketchup, mustard and crispy onions.

It is most common to serve hot dogs in lompe: a flat, soft pastry made from potatoes. On its own it is a little dry, but together with the hot dog they make a perfect flavor combination.

The hot dog stand also has a rich tradition in Oslo. It was the place you stopped to pick up a classic snack after work or on the way to or from a party.

In the old days, it seemed like there was a hot dog stand on every corner, but today there are very few left of the small booths that used to define the cityscape. Eventually, it became difficult and harder to compete with larger chain stores, with their wider offerings and longer opening hours, and most had to close.

### litt på norsk...Oslo elsker pølser

For nordmenn flest er ingen fotballkamp eller nasjonaldag komplett uten et par wienerpølser i lompe med ketsjup, sennep og sprøstekt løk.

Det er vanligst å servere pølsa i lompe; et flatt, mykt bakverk lagd av poteter. For seg selv er lompa litt tørr, men sammen med pølsa utgjør de en perfekt smakscombinasjon.

Også pølsekiosken har en rik tradisjon i Oslo. Det var stedet du kunne stikke innom etter jobb eller på vei til/fra fest for å få deg et klassisk mellommåltid.

Før i tiden kunne det virke som det lå en pølsekiosk på hvert gatehjørne, men i dag er det svært få igjen av de små bodene som pleide å definere bybildet. Etter hvert ble det vanskeligere og vanskeligere å hamle opp med større kjedekiosker med sine bredere tilbud og lengre åpningstider, og de aller fleste måtte stenge.

## 2018-2019 S.O.N. GATEWAY TO FLORIDA LODGE OFFICERS

<b>President:</b> Marty Iverson	miverson104@bellsouth.net
<b>Vice President:</b> Kent Larson	kmlmal@bellsouth.net
<b>Counselor:</b> Evelyn Hopkins	ehop35@yahoo.com
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<b>Assistant Secretary:</b> Evelyn Hopkins	ehop35@yahoo.com
<b>Membership Secretary:</b> Kent Larson	kmlmal@bellsouth.net
<b>Treasurer:</b> Bonnie Hardman	blhardman@yahoo.com
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<b>Co-Cultural Director:</b> Anna Large	aklarge@aol.com
<b>Sports Director:</b> Eugene Yerkes	eugene.yerkes@att.net
<b>Asst. Sports Director:</b> Eric Nord	enord9@gmail.com
<b>Asst. Sports Director:</b> Rich Brew	richbrew@att.net
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<b>Trustee II (4 yrs):</b> Stewart Svendsen	qualsvend@yahoo.com
<b>Trustee III (6 yrs):</b> Pete Evenson	pete.evenson@gmail.com
<b>Communications Director:</b> Marci Larson	marci.larson@sofnboard.com
<b>Foundation Director:</b> Tammy Mayer	tammayer1962@gmail.com
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<b>Librarian</b>	
<b>Volunteer Coordinator:</b> Marci Larson	marci.larson@sofnboard.com

## SMÅ SNAKK BOOSTER CLUB MEMBERS

Your donation is a voluntary act. The Små Snakk booster fee is \$20. This donation helps pay for publication and distribution of the Små Snakk newsletter. Make your check payable to Sons of Norway and mail to Gail Yerkes, Editor. Tusen takk for your support.

BOOSTER NAME	DATE EXPIRES	
Pete & Launi Evenson	December	2019
Bonnie Hardman	February	2020
Roy Hauge	December	2021
Jay Vogeley	October	2020
Ellen Wallwork	May	2020
Roger & Margaret Winslow	December	2022

HAPPY LEIF  
ERIKSON DAY  
OCTOBER 9



## VIKING HISTORY COMES TO LIFE

Tucked away in the fjords of Norway is a small town called Gudvangen that hosts a real-life Viking village, complete with real-life Vikings. Bringing in thousands of tourists every year, the village of Njardarheimr provides an authentic experience showing how Vikings lived 1,000 years ago.

The community was built using traditional methods with only local materials found throughout the fjord. Ironwork is handmade by an experienced blacksmith and the food court serves dishes that are cooked in a pit, smoked or spit roasted. The village also has an undisputed king, Georg Olafr Reydarson Hansen, who for the past 20 years has worked to establish this Viking settlement.

Around 40 Viking reenactment groups in Norway are active participants in the village and help provide an unforgettable experience for visitors. To learn more, visit <https://www.uk.vikingvalley.no/>.



Lodge Website: [sonjax.com](http://sonjax.com).  
 Third District Website: [3DSofN.org](http://3DSofN.org).  
 Sons of Norway Headquarters Website: [sofn.com](http://sofn.com)  
 Twitter: @SonsofNorwayJax  
 Google+: [plus.google.com/+SonJax](https://plus.google.com/+SonJax)  
 Facebook: [facebook.com/groups/196188778036](https://facebook.com/groups/196188778036)  
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The mission of the Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.  
 Sons of Norway misjon er å fremme og ivareta norske kulturtradisjoner, å feire vårt forhold til andre nordiske land og samtidig tilby de beste forsikrings og finansprodukter til våre medlemmer.